

Shoulder Stabilizer Instructions



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WARNINGS

WARNING: CAREFULLY READ USE INSTRUCTIONS AND WARNINGS PRIOR TO OPERATION.

WARNING: THIS DEVICE WILL NOT PREVENT OR REDUCE ALL INJURIES. PROPER REHABILITATION AND ACTIVITY MODIFICATION ARE ALSO AN ESSENTIAL PART OF A SAFE TREATMENT PROGRAM.

CAUTION: IF YOU EXPERIENCE INCREASED PAIN, SWELLING, OR ANY ADVERSE REACTIONS WHILE USING THIS PRODUCT, IMMEDIATELY CONSULT YOUR MEDICAL PROFESSIONAL.

CAUTION: IF YOU EXPERIENCE ANY SKIN IRRITATION OR ADVERSE SKIN REACTION WHILE USING THIS PRODUCT, IMMEDIATELY CONSULT YOUR HEALTH CARE PROFESSIONAL.

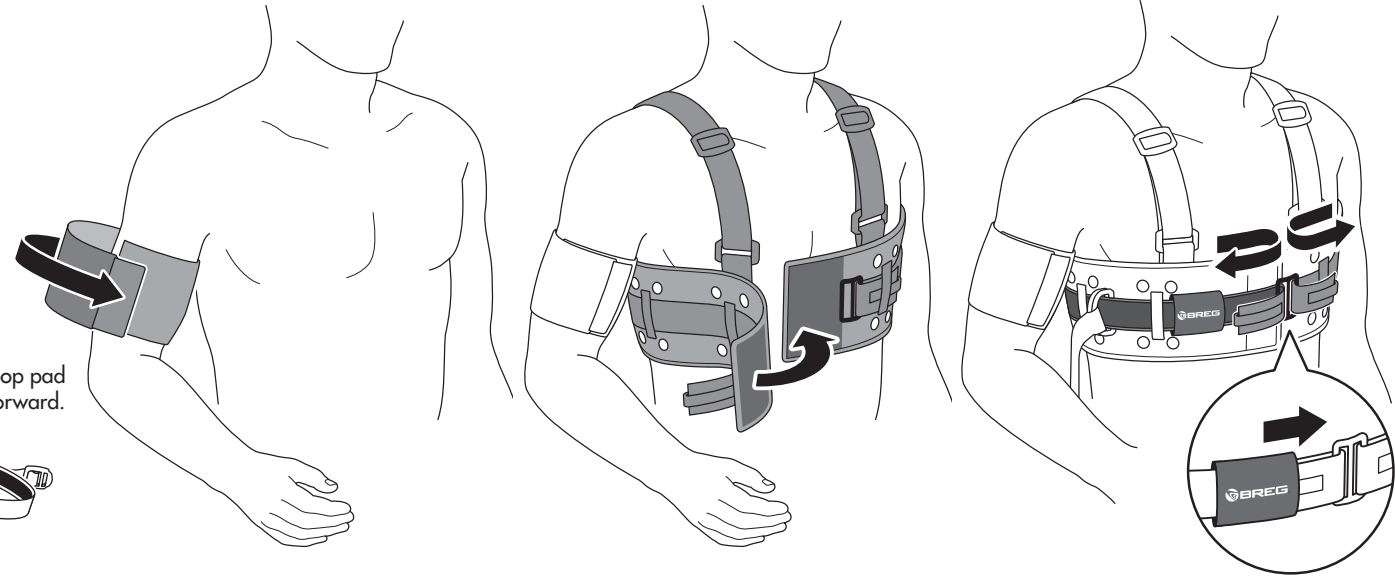
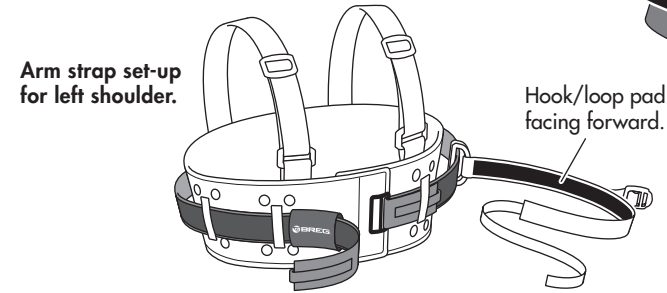
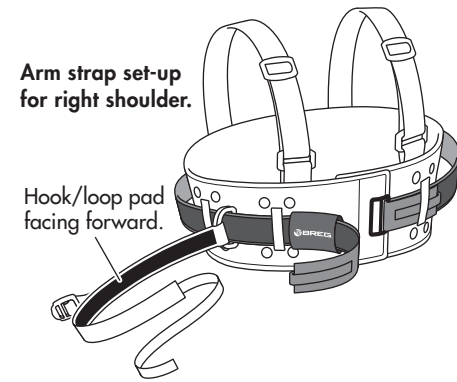
CAUTION: IF AN ALLERGY TO NEOPRENE EXISTS OR A RASH DEVELOPS DISCONTINUE USE IMMEDIATELY.

CAUTION: FOR SINGLE PATIENT USE ONLY.

Sizing Chest circumference (at level of axilla)

Small	34" – 38"
Medium	38" – 42"
Large	42" – 46"
X Large	46" – 51"
XX Large	51" – 56"

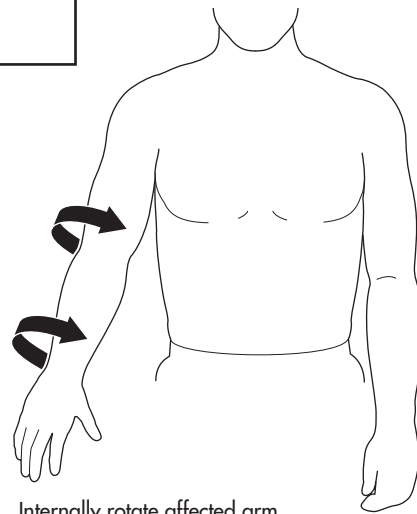
HAND WASH/DRIP DRY



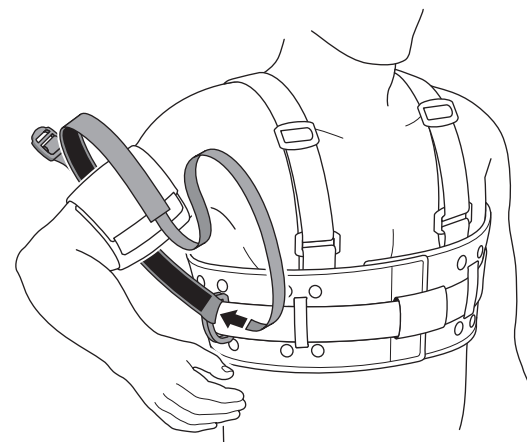
1 Brace can be used for left or right shoulder. To change sides, remove buckle on chest strap, slide off arm strap and apply to opposite side. Be sure that hook/loop pad is facing forward.

2 Secure neoprene arm wrap to bicep on affected arm/shoulder. Wrap should be applied directly to skin to prevent migration.

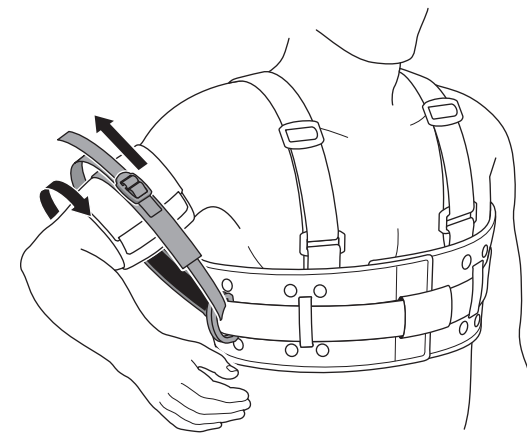
3 Apply chest harness by closing the neoprene hook and loop closure tabs. Then slide the straps through the plastic "D" ring and secure by attaching the hook patch to the loop patch on each of the strap ends. Slide neoprene cover into place.



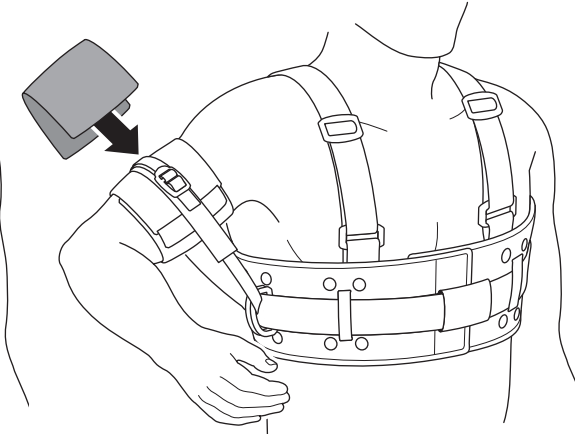
4 Internally rotate affected arm.



5 Position arm for desired restriction. Apply arm strap over arm wrap from back side. Feed strap end through chest belt D-rings.



6 Feed arm strap end through buckle to form a continuous loop, tighten to desired level of arm movement restriction.



7 Cover arm assembly with elastic wrap to cover plastic buckle and secure loose strap ends. Excess straps may be cut to desired length. Melt ends to prevent fraying.